

# HERITAGE FRIENDSHIP ALBUM QUILT

## Block of the Month

### *Block 1: Shelburne Star* from *The Block Book* by Judy Martin

**Finished block is 14 inches**  
**Unfinished block is 14 ½ inches**

**Fabric A:** a medium fabric which will contrast with both Fabric B and Fabric C; cut four (4) squares at 1 9/16-inches and one (1) square at 3 ½ -inches.

**Fabric B:** a light or light-medium fabric which contrasts both Fabric A and Fabric C; you could choose to use Fabric E, background fabric, here; cut four (4) squares at 2 inches and two (2) squares at 2 5/16 inches.

**Fabric C:** a dark fabric; cut four (4) squares at 2 3/8 inches.

**Fabric D:** a dark-medium or dark fabric; cut four (4) squares at 3 7/8 inches.

**Fabric E:** background fabric; white or off-white is recommended. Cut four (4) squares at 3 ½ inches, one (1) square at 7 ¼ inches, and four (4) strips 1 ¾ inches by 15 inches.

1. Cut each of the two (2) squares, measuring 2 5/16 inches, of Fabric B in quarters on both of the diagonals as shown in Figure 1. Now sew two of the resulting triangles onto adjoining sides of each of the smaller four (4) squares of Fabric A as shown below in Figure 2, creating four (4) Unit 1/6. Press seams toward the triangles as indicated by the arrows.

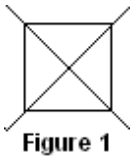


Figure 1

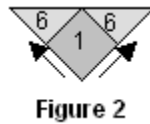


Figure 2



Figure 3

2. Cut each of the four (4) squares of Fabric C in half on the diagonal. Sew two of the resulting triangles onto the sides of Unit 1/6 as shown in Figure 3. Press seams toward the dark triangle.

3. Layout fabric units as shown below in Figure 4, using the four (4) squares, cut at 2 inches, of Fabric B and the one (1) square, cut at 3 ½ inches, of Fabric A and sew them together in rows. Press seams toward the center and outer squares as shown by the arrows. Then sew the rows together creating the smaller center square as shown in Figure 5; press the seams in the direction of the arrows.

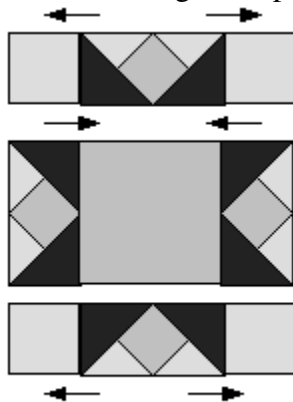


Figure 4

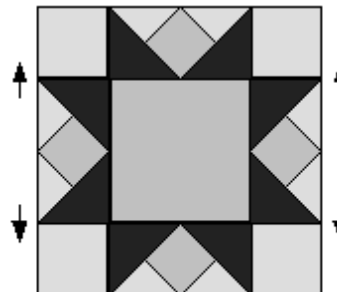


Figure 5

4. Make 4 flying geese units using the four (4) squares of Fabric D and the one (1) square of Fabric E, cut at 7 ¼ inches. Make these using the Fast Flying Geese technique at the following websites:

. <http://members.shaw.ca/BeverlysQuiltingPage/ffg.htm> or

[http://www.iqilt.com.au/index.php?option=com\\_content&task=view&id=114&Itemid=38](http://www.iqilt.com.au/index.php?option=com_content&task=view&id=114&Itemid=38)

5. Layout fabric units as shown below in Figure 6, using the four (4) squares, cut at 3 ½ inches, of Fabric E, Fast Flying Geese units from step 4, and the center star, and sew them together in rows. Press seams as shown by the arrows. Sew rows together as shown in Figure 7; press the seams in the direction of the arrows.

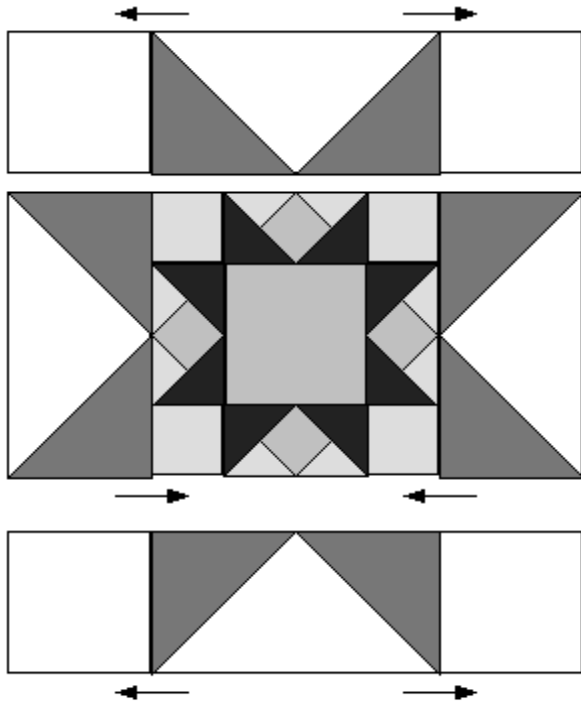


Figure 6

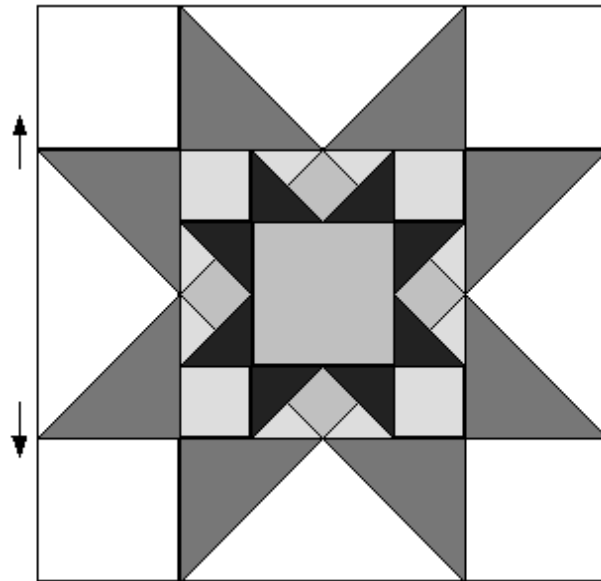


Figure 7

6. Sew a strip of Fabric E on each side of the block, centering the strip on the block; press seams toward strip. Trim ends off even with the star block. Sew a strip of Fabric E on the top and bottom of the block; press seams toward strip. Square block to 14 ½ inches unfinished, centering the block as shown in Figure 8.

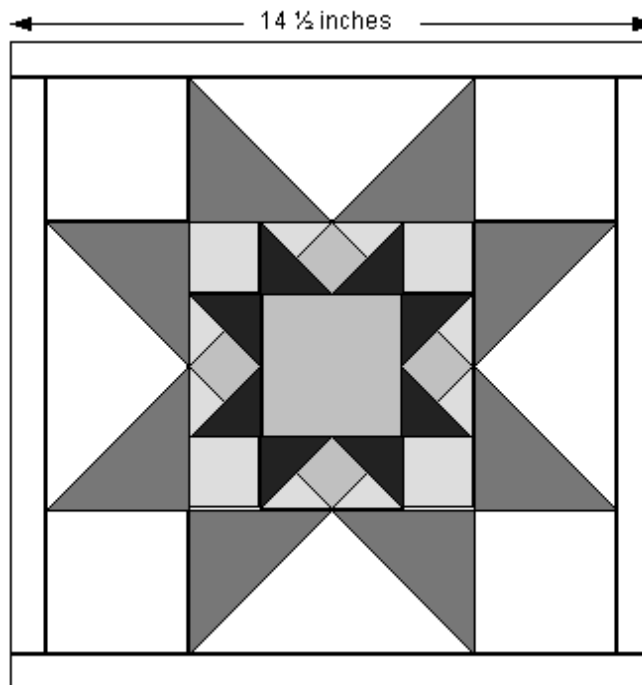


Figure 8